

Highlights from IMS 20th meeting 2023



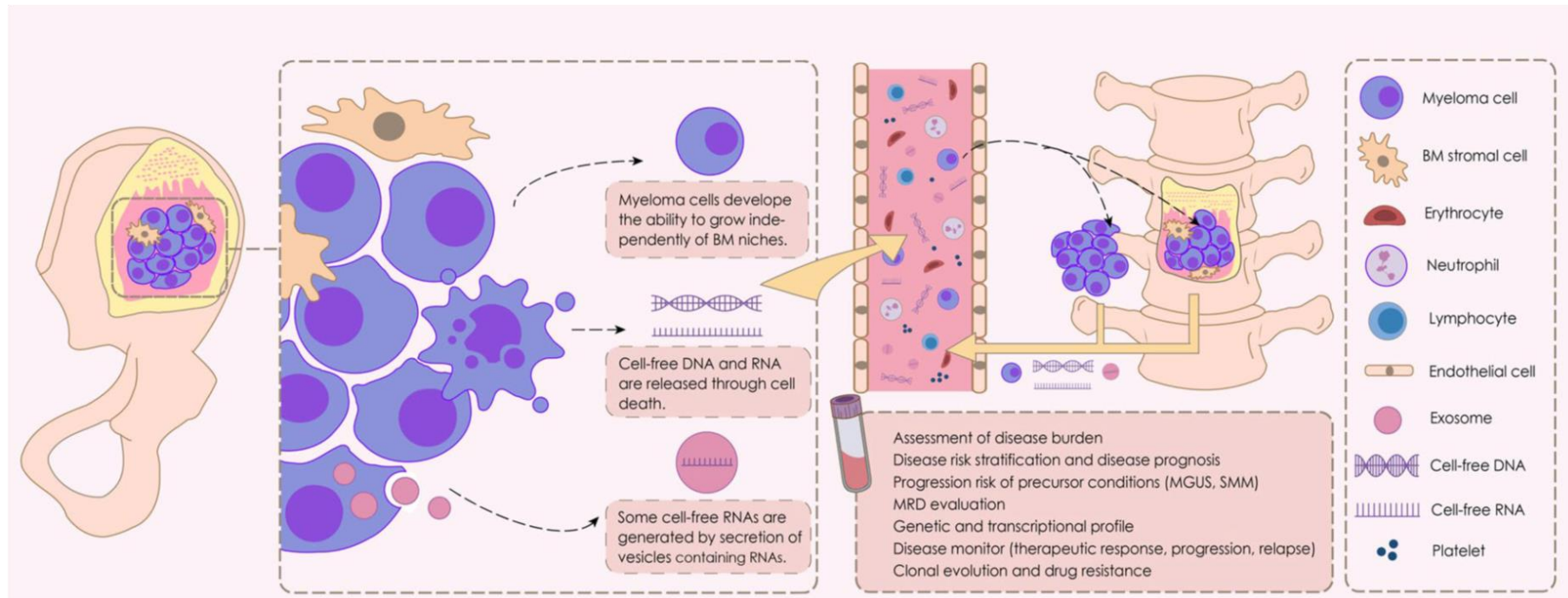
Nicola Giuliani, MD, PhD

Plasmacellule circolanti

30-31 gennaio 2024

BOLOGNA, Royal Hotel Carlton

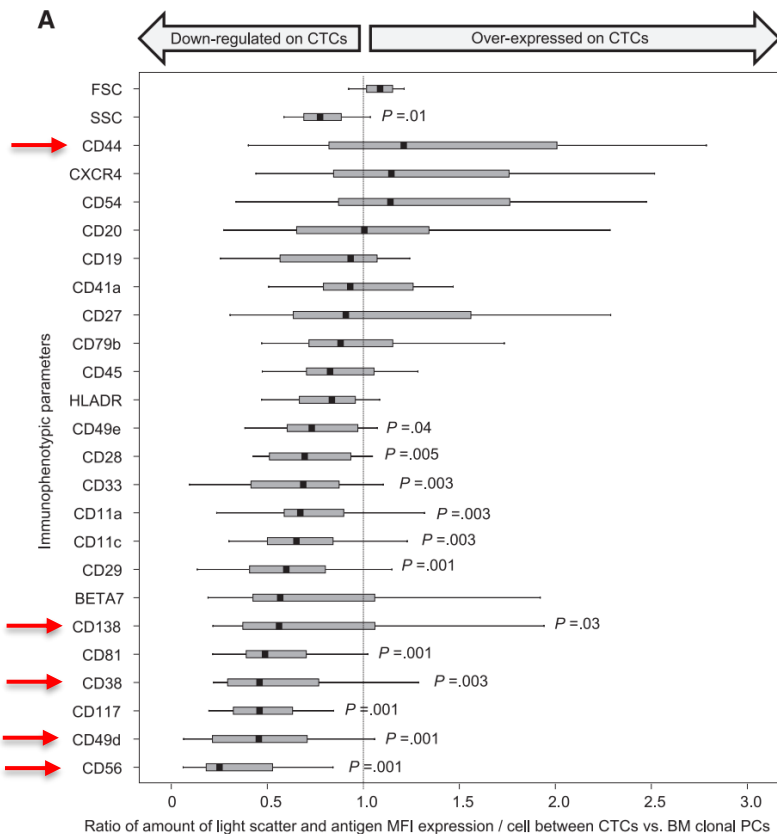
Circulating Plasma cells (CPCs) in multiple myeloma (MM)



Mechanisms explaining PCs trafficking through peripheral blood (PB) dissemination: immunophenotype.

- ✓ The mechanisms underlying the migration of PCs from the bone marrow (BM) to the circulation and extramedullary (EM) spread through PB dissemination remained unclear.
- ✓ Circulating PCs displayed overlapping immunophenotypic with BM tumor PCs, but there are minor but consistent differences between MM cells in the PB and BM that could indicate hallmarks associated with cell translocation and disease dissemination.
- ✓ A more immature and less proliferative immunophenotype was displayed on circulating PCs.
- ✓ Circulating PCs displayed lower expression of integrin and adhesion molecules which potentially enhanced its capacity to exit into the PB.
- ✓ The expression of some adhesion-related molecules (CD44 and galectin 1) and the pathway involved in epithelial–mesenchymal transition (EMT) were significantly upregulated in Circulating PCs compared to BM PCs.

CPCs in MM patients: immunophenotypic profile



Mechanisms explaining PCs trafficking through peripheral blood (PB) dissemination: genomic.

- ✓ PCs with distinct genomic features are more prone to spread the disease.
- ✓ Some data indicated that the Circulating PCs population represented a more genetically abnormal subclone than the BM clonal PCs .
- ✓ An appreciable number of mutations that were identified in EM clones although absent in BM clones were identified in Circulating PCs.
- ✓ Circulating PCs had considerably increased levels of altered genes and pathways associated with hypoxia, inflammation, tumor migration, invasiveness, and metastasis, suggesting that the hypoxic and inflammatory microenvironment in BM niches would force their migration into the PB and invasion of other niches.

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<https://doi.org/10.1038/s41375-019-0588-4>

ARTICLE



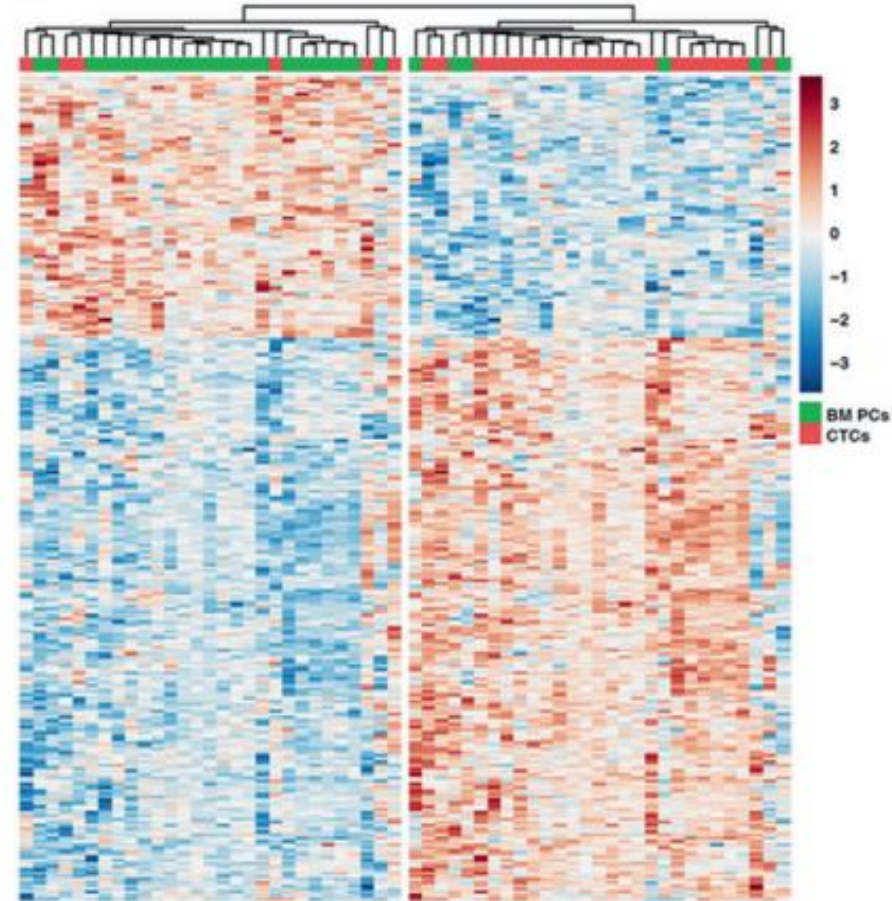
Multiple myeloma gammopathies

Transcriptional profiling of circulating tumor cells in multiple myeloma: a new model to understand disease dissemination

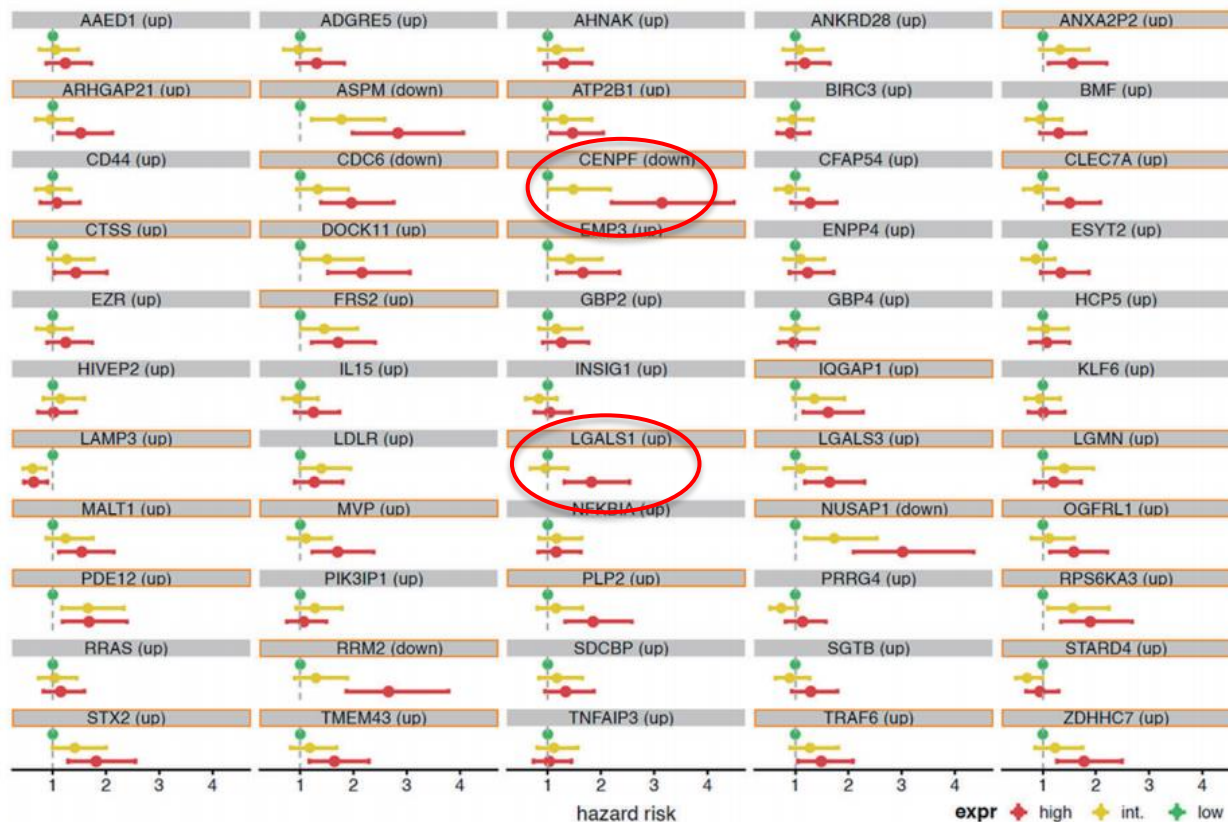
Juan-Jose Garcés ¹ · Michal Simicek^{2,3,4} · Marco Vicari⁵ · Lucie Brozova⁶ · Leire Burgos¹ · Renata Bezdekova⁷ · Diego Alignani¹ · Maria-Jose Calasanz¹ · Katerina Growkova^{2,3,4} · Ibai Goicoechea¹ · Xabier Agirre¹ · Ludek Pour⁷ · Felipe Prosper ¹ · Rafael Rios⁸ · Joaquin Martinez-Lopez⁹ · Pamela Millacoy¹⁰ · Luis Palomera¹¹ · Rafael Del Orbe ¹² · Albert Perez-Montaña¹³ · Sonia Garate¹ · Laura Blanco¹ · Marta Lasa¹ · Patricia Maiso¹ · Juan Flores-Montero¹⁴ · Luzalba Sanoja-Flores¹⁴ · Zuzana Chyra^{2,6} · Alexander Vdovin^{2,3,4} · Tereza Sevcikova^{2,4} · Tomas Jelinek^{2,3,4} · Cirino Botta ¹⁵ · Halima El Omri¹⁶ · Jonathan Keats ¹⁷ · Alberto Orfao¹⁴ · Roman Hajek^{2,3} · Jesus F. San-Miguel¹ · Bruno Paiva¹

CPCs in MM patients: molecular hallmark

Bi-clustering heatmap with differentially expressed genes (n = 259).
Red and green colors differentiate Circulating tumor cells (CTCs) and BM clonal PCs, respectively; blue–red gradient shows the expression level for each gene from low to high (scaled).



CPCs in MM patients: Genes differentially expressed in CPCs are associated with poor prognosis



CPCs in MM patients: implication for plasma cell leukemia definition

Plasma Cell Disorders

ARTICLE

Prognostic impact of circulating plasma cells in patients with multiple myeloma: implications for plasma cell leukemia definition

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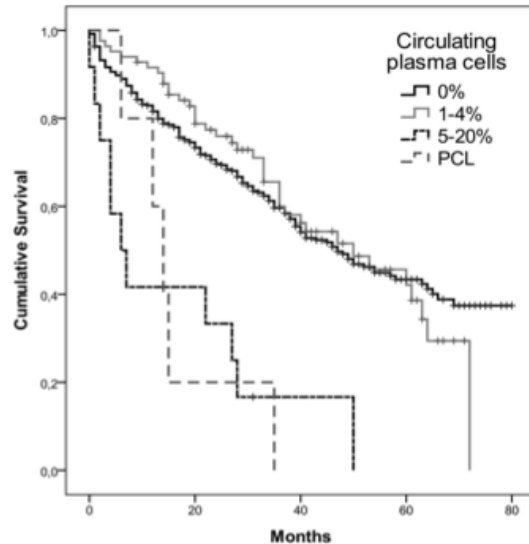
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ABSTRACT

The presence of circulating plasma cells in patients with multiple myeloma is considered a marker for highly proliferative disease. In the study herein, the impact of circulating plasma cells assessed by cytology on survival of patients with multiple myeloma was analyzed. Wright-Giemsa stained peripheral blood smears of 482 patients with newly diagnosed myeloma or plasma cell leukemia were reviewed and patients were classified into 4 categories according to the percentage of circulating plasma cells: 0%, 1-4%, 5-20%, and plasma cell leukemia with the following frequencies: 382 (79.2%), 83 (17.2%), 12 (2.5%) and 5 (1.0%), respectively. Median overall survival according to the circulat-

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CPCs in MM patients: implication for plasma cell leukemia definition



PCs	0	20	40	60	80
0% PC	382	253	127	50	2
1-4% PCs	83	62	31	13	0
5-20% PCs	12	5	1	0	0
PCL	5	1	0	0	0

Figure 2. Overall survival according to the circulating plasma cells (PCs) in patients with multiple myeloma and plasma cell leukemia (PCL) treated with novel drugs upfront (P<0.001).

As highlighted in the last consensus by IMWG,³ the diagnosis of PCL has been classically done on the basis of the presence of >20% circulating PCs and/or an absolute count $>2 \times 10^9/L$ PCs. However, lower peripheral blood PC counts, as showed in our study (that is, $\geq 5\%$ peripheral blood plasma cells), should be considered as a diagnostic criteria of PCL (“PCL-like” myeloma or early PCL), due to the independent and strong prognostic impact.

In conclusion, the presence of $\geq 5\%$ circulating PCs by conventional cytology easily identifies a group of patients with myeloma with a prognosis as poor as that of PCL, suggesting that the diagnosis of PCL should be revisited. If confirmed in other series, especially in prospective studies of uniformly treated patients, such patients may benefit from a distinct and more intensified therapeutic approach.

ARTICLE OPEN



Primary plasma cell leukemia: consensus definition by the International Myeloma Working Group according to peripheral blood plasma cell percentage

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Consensus recommendation

Primary PCL is defined by the presence of 5% or more circulating plasma cells in peripheral blood smears in patients otherwise diagnosed with symptomatic MM. Careful examination of peripheral blood by conventional microscopy should be done in all patients with MM. A minimum of 100–200 nucleated cells per smear should be systematically analyzed by an experienced pathologist/hematologist. Patients with this new definition should not be excluded from clinical trials.

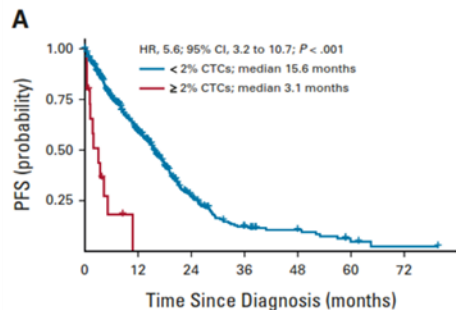
More Than 2% of Circulating Tumor Plasma Cells Defines Plasma Cell Leukemia–Like Multiple Myeloma

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METHODS We assessed the levels of CTCs by multiparameter flow cytometry in 395 patients with newly diagnosed transplant-ineligible MM to establish a cutoff for CTCs that identifies the patients with ultra-high-risk PCL-like MM. We tested the cutoff on 185 transplant-eligible patients with MM and further validated on an independent cohort of 280 transplant-ineligible patients treated in the GEM-CLARIDEX trial. The largest published real-world cohort of patients with primary PCL was used for comparison of survival. Finally, we challenged the current 5% threshold for primary PCL diagnosis.

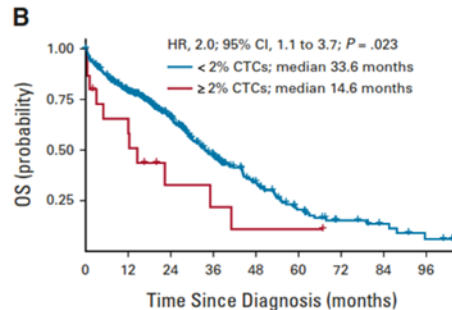
CPCs in MM patients: definition of plasma cell leukemia-like MM by flow cytometry

TI



No. at risk:

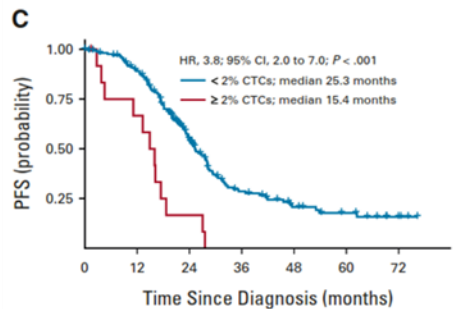
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—	15	0	0	0	0	0	0



No. at risk:

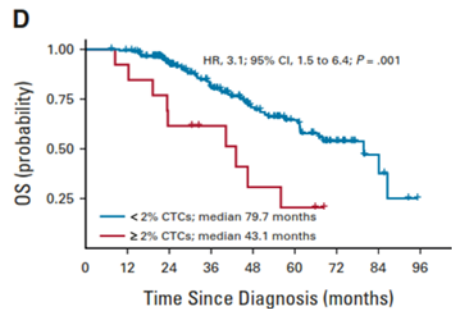
—	380	267	167	96	50	23	10	6	2
—	15	9	3	2	1	1	0	0	0

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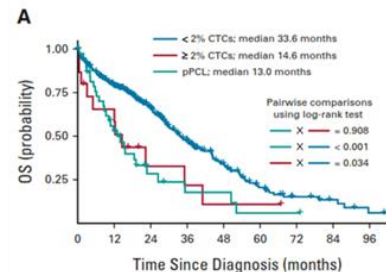
No. at risk:

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—	13	8	2	0	0	0	0



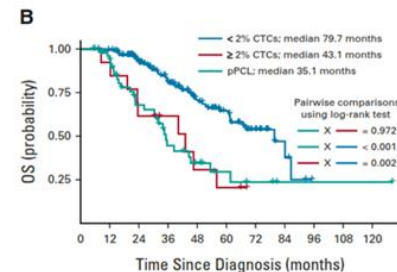
No. at risk:

—	172	169	129	91	60	39	17	5	0
—	13	12	8	6	3	2	0	0	0



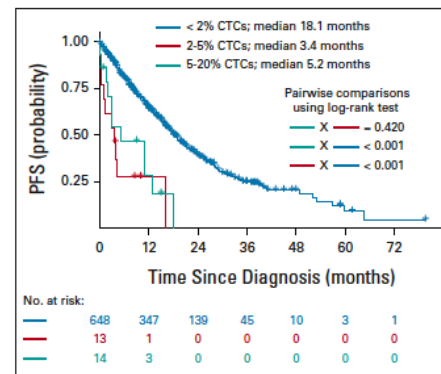
No. at risk:

—	380	267	167	96	50	23	10	6	2
—	15	9	3	2	1	1	0	0	0
—	40	18	6	3	3	1	1	0	0



No. at risk:

—	172	169	129	91	60	39	17	5	0	0	0
—	13	12	8	6	3	2	0	0	0	0	0
—	55	45	26	14	9	5	3	1	1	1	1

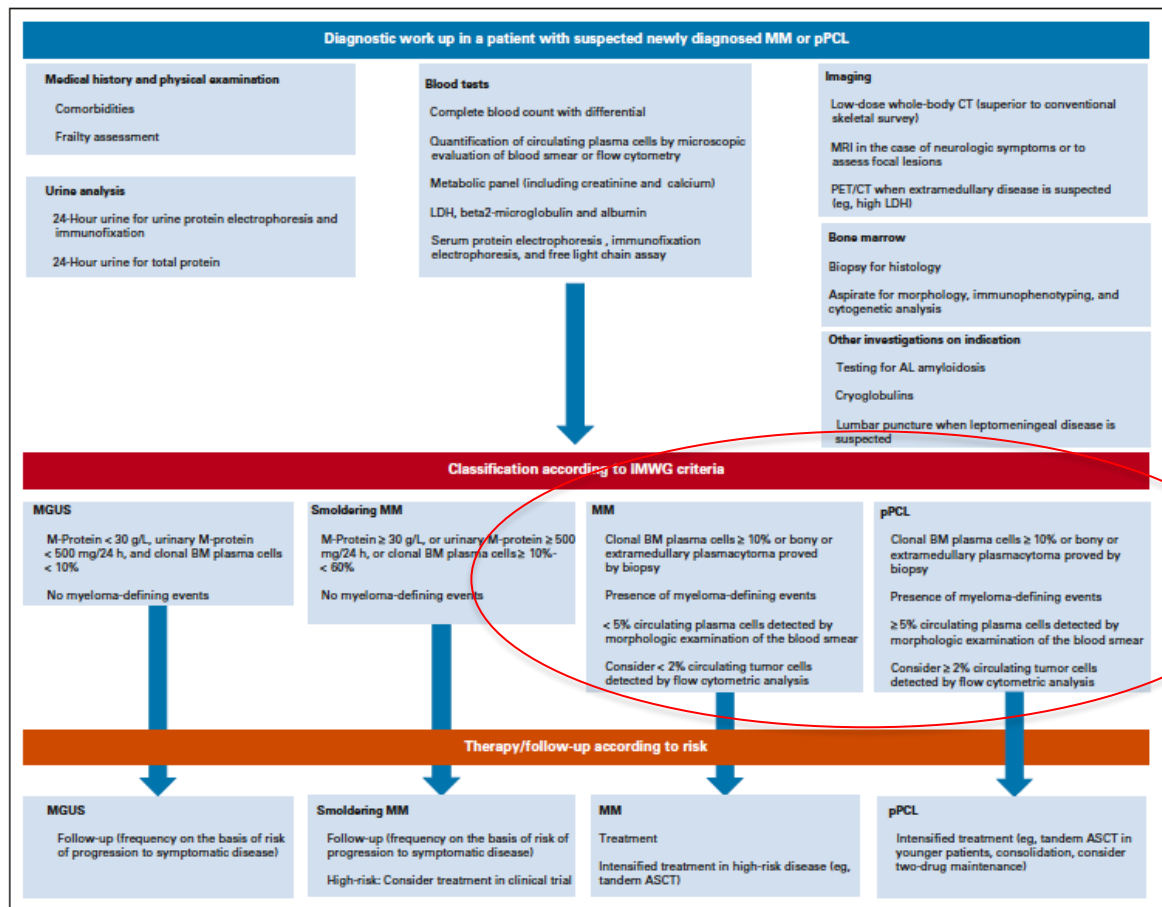


No. at risk:

—	648	347	139	45	10	3	1
—	13	1	0	0	0	0	0
—	14	3	0	0	0	0	0

How We Manage Newly Diagnosed Multiple Myeloma With Circulating Tumor Cells

Niels W.C.J. van de Donk, MD, PhD^{1,2}



Identification of High-Risk Multiple Myeloma With a Plasma Cell Leukemia-Like Transcriptomic Profile

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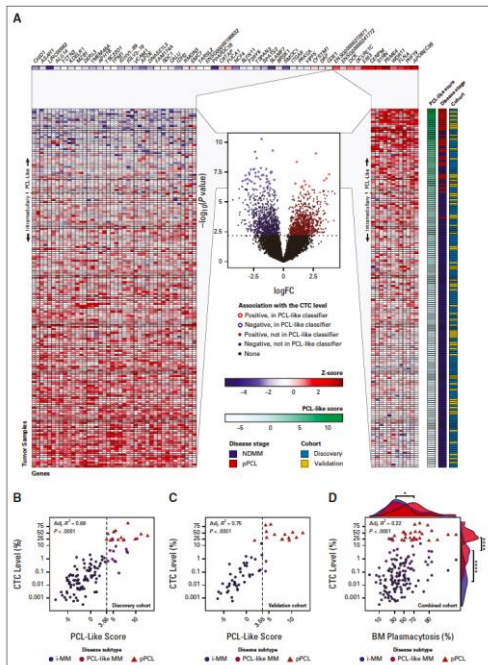


TABLE 3. Multivariate Analyses of PCL-Like Status in Combination with Conventional Prognostic Factors for PFS and OS in NDMM

Prognostic Factor	PFS		OS	
	HR (95% CI)	P	HR (95% CI)	P
PCL-like classifier: PCL-like MM v i-MM	1.64 (1.30 to 2.07)	< .0001	1.89 (1.42 to 2.50)	< .0001
R-ISS				
R-ISS II v R-ISS I	1.63 (1.33 to 2.00)	< .0001	2.28 (1.64 to 3.17)	< .0001
R-ISS III v R-ISS I	2.67 (2.03 to 3.52)	< .0001	5.50 (3.75 to 8.04)	< .0001
Age: ≤ 65 years v > 65 years	0.70 (0.55 to 0.91)	.007	0.44 (0.30 to 0.65)	< .0001

Prognostic Factor	PFS		OS	
	HR (95% CI)	P	HR (95% CI)	P
PCL-like classifier: PCL-like MM v i-MM	1.78 (1.51 to 2.11)	< .0001	1.86 (1.53 to 2.26)	< .0001
ISS				
ISS II v ISS I	1.49 (1.30 to 1.70)	< .0001	1.64 (1.36 to 1.97)	< .0001
ISS III v ISS I	1.83 (1.59 to 2.11)	< .0001	2.65 (2.20 to 3.18)	< .0001
Age: ≤ 65 years v > 65 years	0.83 (0.71 to 0.97)	.02	0.73 (0.59 to 0.90)	.003

Prognostic Factor	PFS		OS	
	HR (95% CI)	P	HR (95% CI)	P
PCL-like classifier: PCL-like MM v i-MM	1.64 (1.33 to 2.01)	< .0001	1.89 (1.48 to 2.41)	< .0001
FISH: high-risk v standard-risk	1.37 (1.18 to 1.59)	< .0001	1.67 (1.39 to 2.01)	< .0001
Age: ≤ 65 years v > 65 years	0.72 (0.59 to 0.87)	.0008	0.55 (0.42 to 0.71)	< .0001

Prognostic Factor	PFS		OS	
	HR (95% CI)	P	HR (95% CI)	P
PCL-like classifier: PCL-like MM v i-MM	1.49 (1.26 to 1.77)	< .0001	1.52 (1.25 to 1.85)	< .0001
SKY92 classifier: high-risk v standard-risk	2.10 (1.85 to 2.38)	< .0001	2.79 (2.40 to 3.24)	< .0001
Age: ≤ 65 years v > 65 years	0.76 (0.65 to 0.89)	.0005	0.65 (0.53 to 0.80)	< .0001

Prognostic Factor	PFS		OS	
	HR (95% CI)	P	HR (95% CI)	P
PCL-like classifier: PCL-like MM v i-MM	1.63 (1.38 to 1.93)	< .0001	1.62 (1.33 to 1.98)	< .0001
UAMS70 classifier: high-risk v standard-risk	2.17 (1.87 to 2.53)	< .0001	3.05 (2.57 to 3.63)	< .0001
Age: ≤ 65 years v > 65 years	0.75 (0.65 to 0.88)	.0003	0.65 (0.53 to 0.80)	< .0001

Abbreviations: FISH, fluorescence in situ hybridization; HR, hazard ratio; i-MM, intramedullary multiple myeloma; ISS, International Staging System; NDMM, newly diagnosed multiple myeloma; OS, overall survival; PCL-like MM, plasma cell leukemia-like multiple myeloma; PFS, progression-free survival; R-ISS, Revised International Staging System.

CPCs in MM patients: the detection efficiency and sensitivity of different method of liquid biopsy

Method	Detection efficiency and sensitivity	Method	Detection efficiency and sensitivity
Wright-Giemsa-stained blood smears	CMMCs were detected in approximately 14.1%–20.8% of patients with NDMM at diagnosis	Epic platform	Sensitivity: one MM cell in 3×10^6 WBCs
Slide-based immunofluorescence	Sensitivity: 0.01% CMMCs were detected in 19.4%, 25%, and 80% of patients with MGUS, SMM, and NDMM, respectively	CD138-coated microfluidic device (Herringbone-shaped)	Sensitivity: < 10 CMMCs/mL using 1-mL sample
MFC (2-color: CD45 and CD38)	Sensitivity: 0.01% CMMCs were detected in 20%, 40%, 73%–83.6%, and 38.6% of patients with MGUS, SMM, NDMM at diagnosis, and MM before ASCT, respectively	CD138-coated microfluidic device (Sinusoidal-shaped)	CMMCs were detected in 78% of patients with MGUS and 100% of those with SMM and MM
MFC (5-color: CD38, CD138, CD45, CD19, and CD56)	Sensitivity: 0.01% CMMCs were detected in approximately 69.2%–74.1%, 60.5%, 0%, and 14% of patients with NDMM at diagnosis, in PR, in CR, and at relapse, respectively	ASO-PCR of IGH rearrangements	Sensitivity: 0.001% CMMCs were detected in 13/16, 6/8, and 13/15 of patients with MGUS, SMM, and active MM, respectively
MFC (6-color: CD38, CD138, CD45, CD19, cytoplasmic κ , and λ light chains)	Sensitivity: 20 cells/150,000 events (0.013%) CMMCs were detected in 24%, approximately 51.4%–67%, approximately 19.3%–19.4%, and 62/145 of patients with SMM, NDMM before therapy, MM before ASCT, and MM at relapse, respectively	Real-time quantitative PCR of IGH rearrangements	Sensitivity: approximately 0.01%–0.001% CMMCs were detected in 67%, 43%, 25%, and 73% of patients with NDMM at diagnosis, NDMM before HDT for ASCT, NDMM 3 months after HDT, and RRMM at the time of relapse, respectively
MFC (7-color: CD38, CD138, CD45, CD19, CD56, cytoplasmic κ , and λ light chains)	Sensitivity: 0.01% CMMCs were detected in 60.1% and 18.8% of patients with NDMM at diagnosis and MM before ASCT, respectively	LymphoSIGHT assay of IGH and IGH rearrangements	Sensitivity: well below 0.0001% 1. CMMCs were detected in 78% of patients with MM using DNA assay and 96% of patients with MM using DNA and RNA assays 2. ctDNA was detected in 83% of patients with MM using DNA assay 3. Tumor clones were detected in 98% of patients with MM using the combination of CMMCs and ctDNA
2 tubes/MFC (7-color: CD38, CD138, CD45, CD19, CD56, cytoplasmic κ , and λ light chains)	Sensitivity: approximately 0.004%–0.0001% CMMCs were detected in 119/191 (approximately 67%) of patients with NDMM at diagnosis	Ion Torrent of IGH rearrangements	Sensitivity: 0.001% MM clones in ctDNA were detected in 100% of patients with MM at relapse
Magnetic cell sorting (MACS) (CD38 or CD138) combined with MFC (5-color: CD38, CD138, CD45, CD19, and CD56)	Sensitivity: 0.001% CMMCs were detected in 87.2%, approximately 83.7%–86%, approximately 5%–10%, and 85% of patients with NDMM at diagnosis, in PR, in CR, and at relapse, respectively	NGS of IGH and IGL rearrangements	MM clones in ctDNA were detected in 71.4% of patients with NDMM/MM at relapse and 22.2% of samples from MM who achieved CR. All ctDNA-detectable CR samples were from a patient with nonsecretory MM
MACS (CD138) combined with MFC (7-color: CD45, CD19, CD81, CD27, CD117, CD56, and CD200)	CMMCs were detected in 83.3% and 9.9% of patients with NDMM/MM at relapse and MM who achieved CR, respectively	NGS of IGH, IGH, and IGL rearrangements	CMMCs were detected in 71% of patients with MM at baseline. MM clones in ctDNA were detected in 100% of patients with MM at baseline. MM clones in CMMCs and/or cfDNA were detected in 91% and 41% of patients with MM with stable or progressive disease and MM with PR or better, respectively
NGF (2-tube/8-color)	Sensitivity: 0.0001% CMMCs were detected in approximately 92%–100%, 100%, 59%, 25%, 18%, 17%, and 100% of patients with NDMM at diagnosis, SMM, MGUS, macro focal MM, solitary plasmacytoma, MM who achieved CR/sCR, and relapsed/refractory multiple myeloma (RRMM), respectively	ULP-WGS	Lower limit: TF \geq 3% In NDMM/RRMM, \geq 3% TF was detected in 76% cfDNA samples and 100% CMMC samples; \geq 10% TF was detected in approximately 24%–32% cfDNA samples and in 31% CMMC samples In MGUS/SMM/NDMM/RRMM, \geq 3% TF was detected in 58% cfDNA samples and 96% CMMC samples; \geq 10% TF was detected in 17% cfDNA samples and 21% CMMC samples
CellSearch platform	CMMCs were detected in 98%, 93.7%, and approximately 56%–86% of patients with NDMM at baseline, intermediate/high-risk SMM, and MGUS, respectively	LP-WGS	Lower limit: TF \geq 5% \geq 5% TF was detected in 62% of cfDNA samples from patients with RRMM, in 75% of cfDNA samples from patients with NDMM, and in none of cfDNA samples from patients with MM post-treatment

CPCs in MM patients: prognostic value

Sample	Detection time	Method	Cut-off	Prognostic value
NDMM	Before ASCT	MFC (6-color)	Presence of CMMC	<ol style="list-style-type: none"> 1. A prognostic factor for PFS and OS independent of post-transplant sCR 2. A prognostic factor for post-trans-plant response status
NDMM	At diagnosis, before ASCT and day 100 post-transplant	MFC (6-color)	<ol style="list-style-type: none"> 1. Presence of CMMC 2. Dynamics of CMMCs at diagnosis and before ASCT (-/-), (+/-), (+/+), (-/+) 	<ol style="list-style-type: none"> 1. CMMC (+/+) or (-/+) were fac- tors for lower incidence of pre-transplant \geqVGPR and post-transplant sCR 2. CMMC (+/+) or (-/+) was an independent factor for inferior PFS and OS 3. Patients with CMMCs at day 100 post-transplant had inferior PFS and OS
MM with EM	/	Combination of MACS and MFC (6-color)	Presence of CMMC	The presence of CMMCs in patients with EM disease had worse OS
NDMM	At diagnosis	MFC (7-color)	$\geq 0.10\%$ CMMCs/150,000 events	A prognostic factor for inferior PFS and OS independent of R-ISS stage and age
NDMM	At diagnosis	MFC (2-tube/7-color)	$\geq 0.038\%$ CMMCs	<ol style="list-style-type: none"> 1. An independent prognostic factor for inferior PFS and OS 2. A factor for higher incidence of \geqVGPR and \geqPR
Transplant-eligible NDMM At diagnosis	At diagnosis	MFC (2-tube/7-color)	$\geq 0.07\%$ CMMCs (≥ 5 cells/ μ L)	<ol style="list-style-type: none"> 1. A factor for lower incidences of MRD negativity and \geqCR at premaintenance 2. A factor for inferior PFS and OS independent of ISS, cytogenetics, and LDH level 3. A similar prognostic value between the cut-of value and continuous variable
NDMM	Before ASCT	MFC (7-color)	Presence of CMMCs	<ol style="list-style-type: none"> 1. A factor for lower incidence of VGPR or better 2. A prognostic factor for inferior PFS, independent of ISS stage, cytogenetics, and maintenance therapy 3. The presence of CMMC enhanced the stratification of VGPR or better
MGUS, SMM, MM	At diagnosis	MFC (8-color)	$> 0.0035\%$ CMMCs	An independent prognostic factor of inferior PFS and OS
MGUS, SMM, MM	At diagnosis	NGF	≥ 0.058 CMMCs/ μ L (for MGUS) ≥ 0.1 CMMCs/ μ L (for SMM and MM)	<ol style="list-style-type: none"> 1 A factor for MGUS of higher incidence of progression in 30 months 2. A factor for SMM of higher incidence of progression to MM in 2 years 3. A factor for MM of inferior PFS and OS independent of CR status or MRD status

CPCs in MM patients: prognostic value

Sample	Detection time	Method	Cut-off	Prognostic value
Treated MM	After therapy	NGF	1. Presence of CMMC 2. Kinetics of CMMCs	1. An independent prognostic factor for inferior PFS 2. The presence of CMMC enhanced the stratification of CR/sCR 3. Patients with CMMC-/-or+/-in sequential monitoring showed better PFS than those with CMMC+/-or-/+independent of sIF status
NDMM	At diagnosis	NGF	≥0.01% CMMCs (0.6 CMMCs/mL)	1. A factor for inferior PFS independent of ISS stage, LDH, and cytogenetics 2. A prognostic factor for inferior PFS independent of CR status and MRD status
NDMM	At remission	CellSearch platform	≥100 CMMCs/4 mL of blood	A prognostic factor for inferior PFS and OS
NDMM	At diagnosis and 3 months after HDT for ASCT	ASO-qPCR of IgH rearrangement	Presence of CMMC	1. At diagnosis: a prognostic factor for inferior EFS 2. Three months after HDT for ASCT: a prognostic factor for inferior EFS and OS

Sanoja-Flores et al. *Blood Cancer Journal* (2018)1:7
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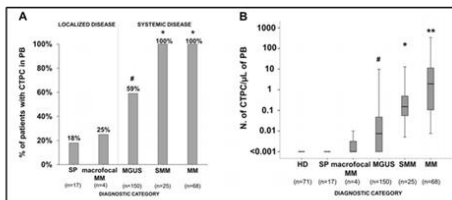
Blood Cancer Journal

ARTICLE

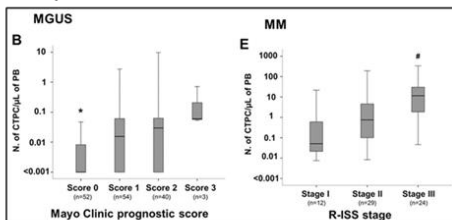
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Next generation flow for minimally-invasive blood characterization of MGUS and multiple myeloma at diagnosis based on circulating tumor plasma cells (CTPC)

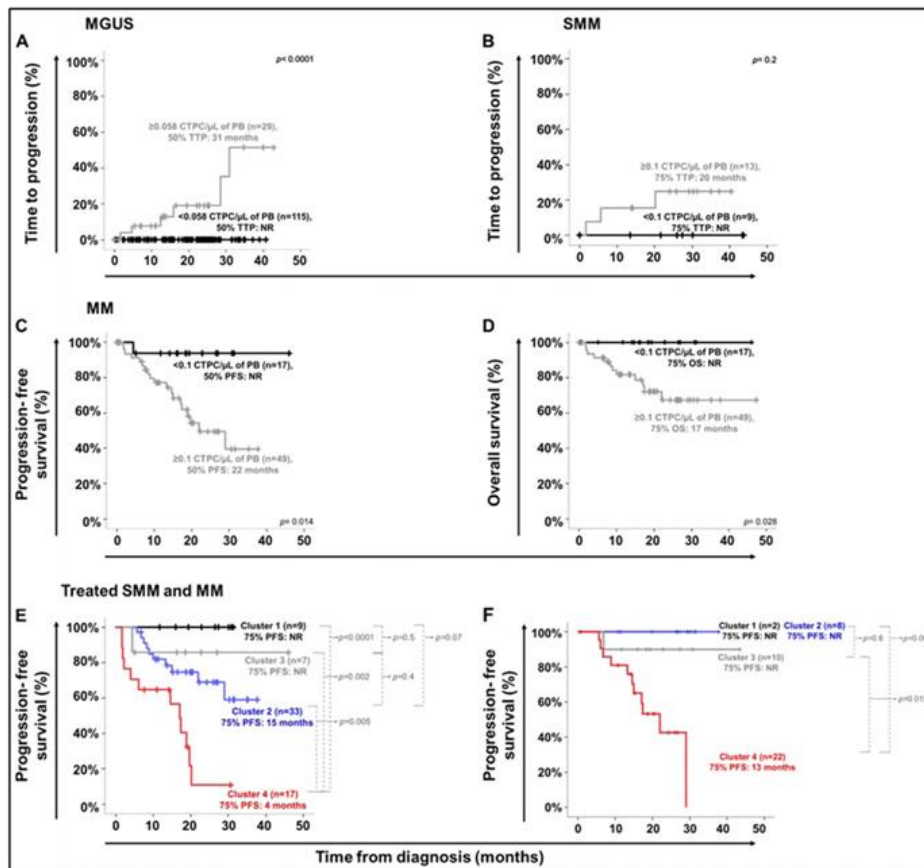
L. Sanoja-Flores^{1,2}, J. Flores-Montero^{1,2}, J. J. Garcés³, B. Paiva⁴, N. Puig⁵, A. García-Mateo⁶, D. García-Sánchez⁶, A. Comal-Mateos^{1,2}, L. Burgos⁷, E. Blanco^{1,2}, J. Hernández-Martín⁸, R. Pontes⁹, M. Díez-Campelo⁹, P. Millacey⁹, P. Rodríguez-Otero⁹, F. Prosper⁹, J. Merino⁹, M. B. Vidriales⁹, R. García-Sanz⁹, A. Romero⁹, L. Palomeza⁹, R. Ríos-Tamayo¹⁰, M. Pérez-Andrés^{1,2}, J. F. Blanco^{1,2}, M. González^{1,2}, J. J. M. van Dongen¹¹, B. Durie¹², M. V. Mateos^{1,2}, J. San-Miguel¹ and A. Oriago^{1,2}, on behalf of the Euroflow consortium



Frequency of CTPC by NGF in PB of newly diagnosed PCN patients



Frequency and distribution of circulating tumor PC in PB of MGUS and MM patients classified into distinct risk-groups and clinical stages, respectively



Impact of PB CTPC counts at diagnosis on the outcome of MGUS, SMM, and MM patients

CLINICAL OBSERVATIONS, INTERVENTIONS, AND THERAPEUTIC TRIALS

Circulating plasma cells detected by flow cytometry as a predictor of survival in 302 patients with newly diagnosed multiple myeloma

Grzegorz S. Nowakowski, Thomas E. Witzig, David Dingli, Michal J. Tracz, Morie A. Gertz, Martha Q. Lacy, John A. Lust, Angela Dispenzieri, Philip R. Greipp, Robert A. Kyle, and S. Vincent Rajkumar

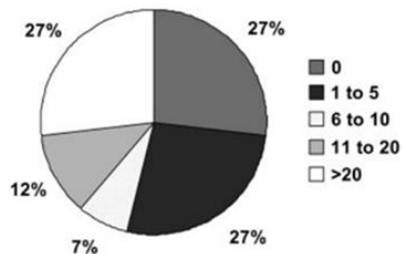


Figure 2. Distribution of circulating PCs in 302 study patients. Patients were divided into 5 groups based on the number of PCs.

Table 4. Risk stratification groups based on the circulating PCs and risk factors used in ISS

Risk factor	No. patients at risk (%)	Median survival, mo
B2M, more than 3.5 mg/L	190	41
Albumin level, less than 3.5 g/dL	127	28
Circulating PCs, more than 10	115	37
Risk stratification group		
Low-risk (none of the risk factors present)	56 (19)	79+
Low-intermediate risk (1 of the risk factors present)	98 (32)	48
High-intermediate risk (2 of the risk factors present)	91 (30)	32
High risk (3 risk factors present)	57 (19)	13

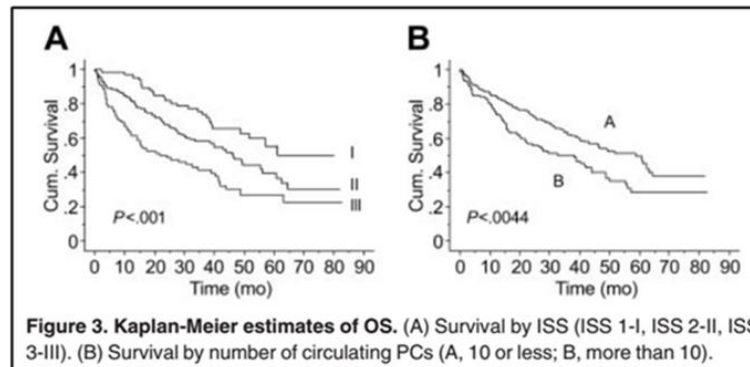


Figure 3. Kaplan-Meier estimates of OS. (A) Survival by ISS (ISS 1-I, ISS 2-II, ISS 3-III). (B) Survival by number of circulating PCs (A, 10 or less; B, more than 10).

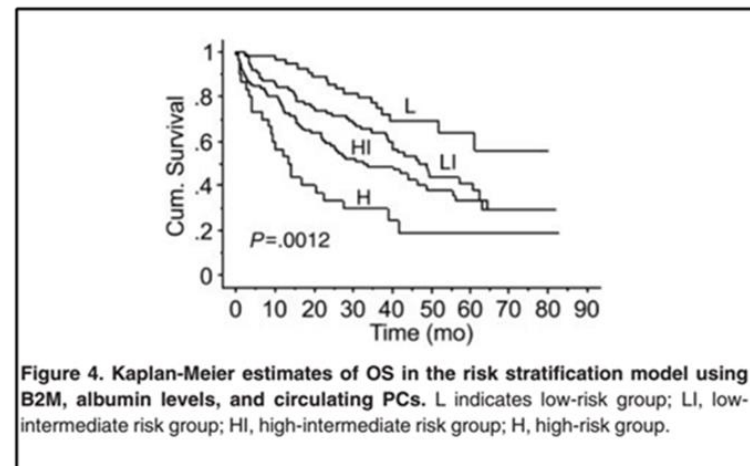


Figure 4. Kaplan-Meier estimates of OS in the risk stratification model using B2M, albumin levels, and circulating PCs. L indicates low-risk group; LI, low-intermediate risk group; HI, high-intermediate risk group; H, high-risk group.

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ORIGINAL ARTICLE
Quantification of clonal circulating plasma cells in newly diagnosed multiple myeloma: implications for redefining high-risk myeloma

WJ Gonsalves^{1,2}, SV Rajkumar^{1,2}, V Gupta^{1,2}, WG Morice^{1,2}, MM Timm^{1,2}, PP Singh^{1,2}, A Dispenzieri^{1,2}, FK Buadi^{1,2}, MQ Lacy^{1,2}, P Kapoor^{1,2}, MA Gertz^{1,2} and SK Kumar^{1,2}

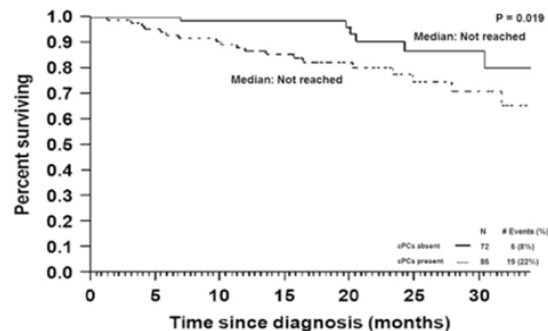


Figure 2. The Kaplan–Meier curve for OS in patients based on the presence of cPCs is shown.

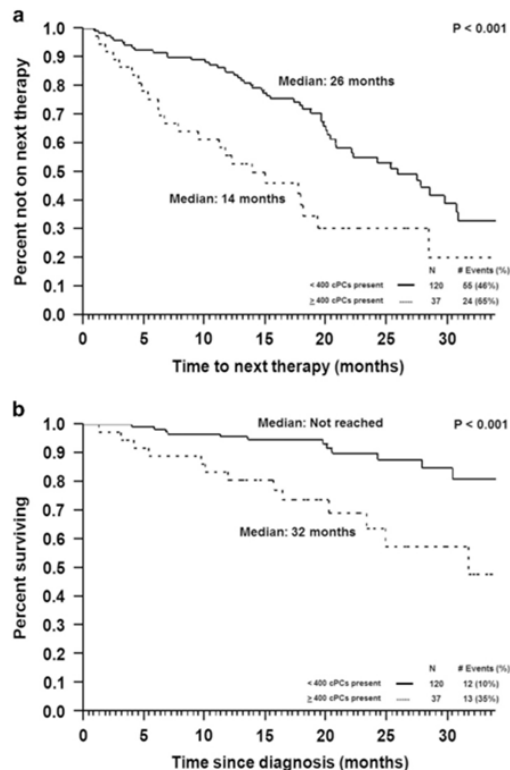


Figure 3. The Kaplan–Meier curve for TTNT (a) and OS (b) in patients based on the presence of ≥ 400 cPCs is shown.

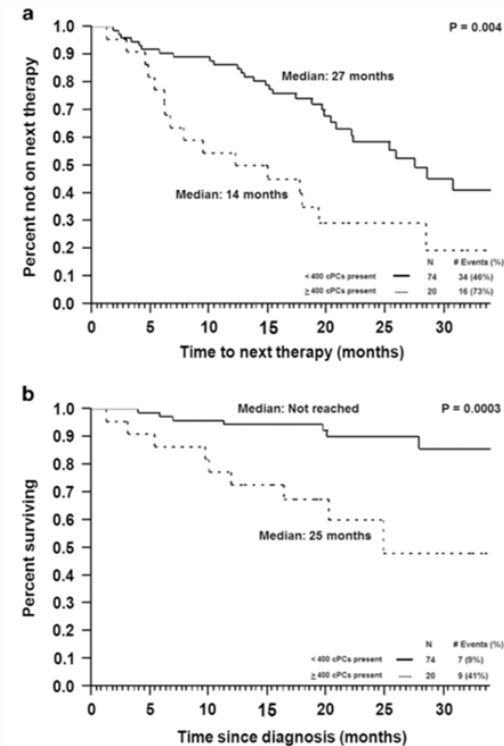


Figure 4. The Kaplan–Meier curve for TTNT (a) and OS (b) in patients with standard risk disease by FISH cytogenetics based on the presence of ≥ 400 cPCs.

Citation: Blood Cancer Journal (2016) 6, e512; doi:10.1038/bcj.2016.117
www.nature.com/bcj

ORIGINAL ARTICLE

Risk stratification in myeloma by detection of circulating plasma cells prior to autologous stem cell transplantation in the novel agent era

R Chakraborty^{1,2}, E Muchtar¹, SK Kumar¹, D Jevremovic³, FK Buadi¹, D Dingli¹, A Dispenzieri¹, SR Hayman¹, WJ Hogan¹, P Kapoor¹, MQ Lacy¹, N Leung¹ and MA Gertz¹

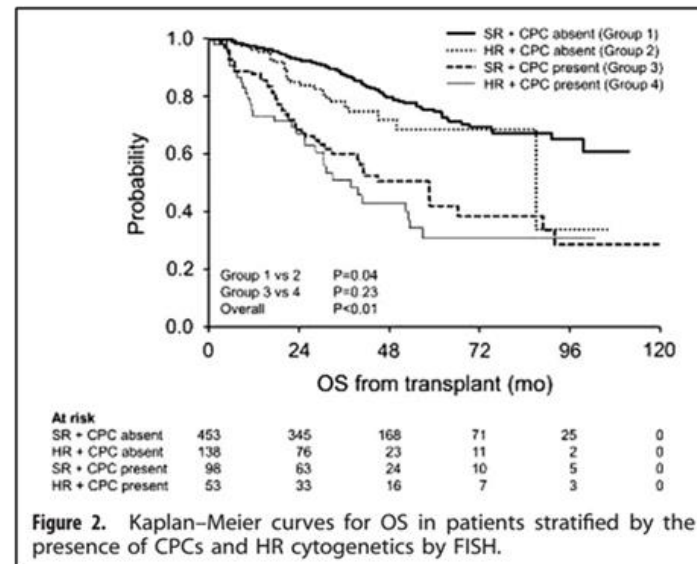
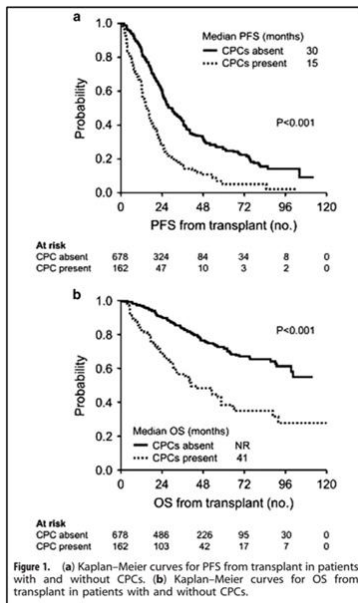


Table 3. Univariate and multivariate analysis for PFS and OS by Cox proportional hazards model

Variable	Progression-free survival (PFS)				Overall survival (OS)			
	Univariate	P-value	Multivariate	P-value	Univariate	P-value	Multivariate	P-value
	Hazard ratio (95% CI)		Hazard ratio (95% CI)		Hazard ratio (95% CI)		Hazard ratio (95% CI)	
Age ≥ 65	0.87 (0.72–1.05)	0.144	NA	NA	1.09 (0.82–1.44)	0.538	NA	NA
HR FISH cytogenetics	1.30 (1.05–1.60)	0.015	1.20 (0.97–1.48)	0.088	1.71 (1.24–2.32)	0.001	1.26 (0.86–1.81)	0.231
CPCs present	2.28 (1.87–2.76)	< 0.0001	2.03 (1.64–2.50)	< 0.001	2.97 (2.25–3.88)	< 0.001	2.52 (1.78–3.55)	< 0.001
\geq VGPR at transplant	0.80 (0.67–0.95)	0.012	1.15 (0.92–1.42)	0.209	0.95 (0.72–1.24)	0.727	NA	NA
sCR post transplant	0.45 (0.37–0.55)	< 0.001	0.44 (0.34–0.55)	< 0.001	0.42 (0.30–0.59)	< 0.001	0.39 (0.25–0.61)	< 0.001
ISS stage 3	1.15 (0.94–1.41)	0.168	NA	NA	1.48 (1.08–2.01)	0.015	1.21 (0.86–1.70)	0.270
Reduced-dose melphalan	1.03 (0.78–1.32)	0.829	NA	NA	1.40 (0.96–1.99)	0.076	1.27 (0.78–1.98)	0.322

Abbreviations: CI, confidence interval; CPC, circulating plasma cells; FISH, fluorescence *in situ* hybridization; HR, high risk; ISS, International staging system; NA, not applicable; sCR, stringent complete response; VGPR, very good partial response. Bold values indicate statistically significance parameters.

TRANSPLANTATION

Flow cytometric detection of circulating myeloma cells before transplantation in patients with multiple myeloma: a simple risk stratification system

David Dingli, Grzegorz S. Nowakowski, Angela Dispenzieri, Martha Q. Lacy, Suzanne R. Hayman, S. Vincent Rajkumar, Philip R. Greipp, Mark R. Litow, Dennis A. Gastineau, Thomas E. Witzig, and Morie A. Gertz

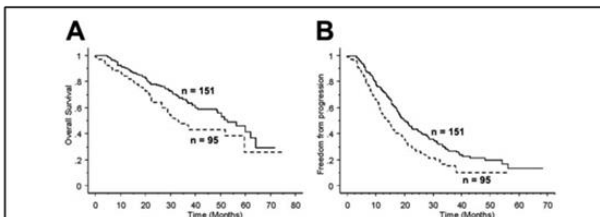


Figure 2. Kaplan-Meier plots based on the presence or absence of circulating myeloma cells detected by flow cytometry. (A) Overall survival (OS). (B) Time to progression (TTP). The presence of circulating myeloma cells is associated with an adverse outcome with respect to both OS and TTP ($P = .005$ and $P < .001$, respectively).

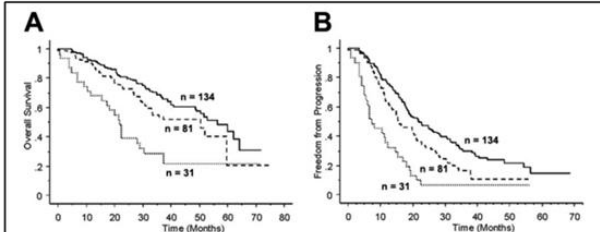


Figure 3. Kaplan-Meier plots based on the risk stratification combining cytogenetics and presence of circulating myeloma cells. (A) OS. (B) TTP. Patients with normal cytogenetics and no circulating myeloma cells have a superior OS and TTP compared with patients with one or both of these parameters.

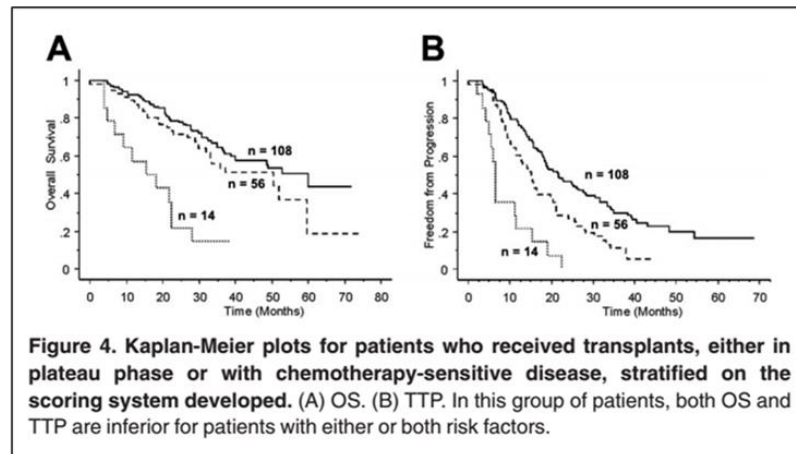


Figure 4. Kaplan-Meier plots for patients who received transplants, either in plateau phase or with chemotherapy-sensitive disease, stratified on the scoring system developed. (A) OS. (B) TTP. In this group of patients, both OS and TTP are inferior for patients with either or both risk factors.

Table 4. Overall survival and time to progression in the 3 risk groups based on cytogenetics and circulating myeloma cells

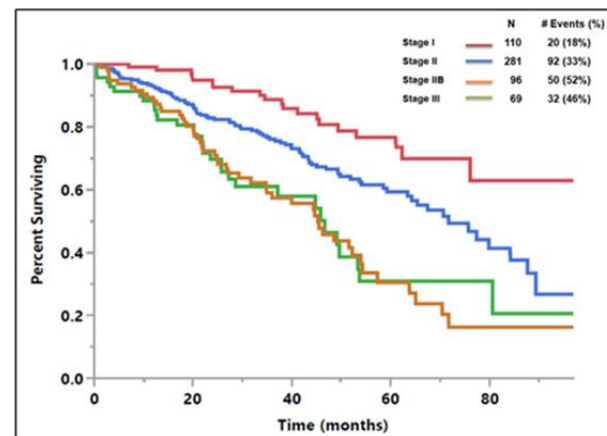
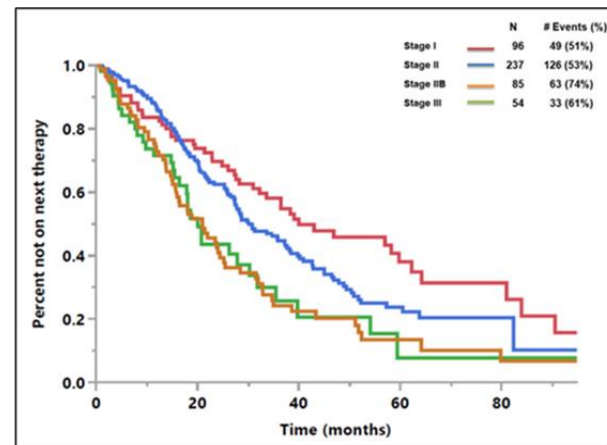
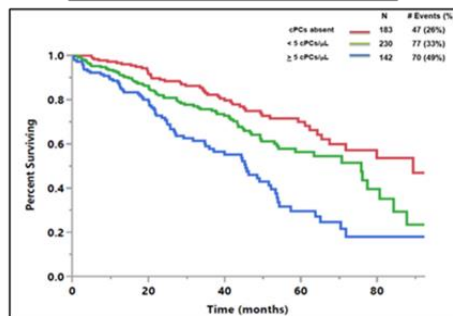
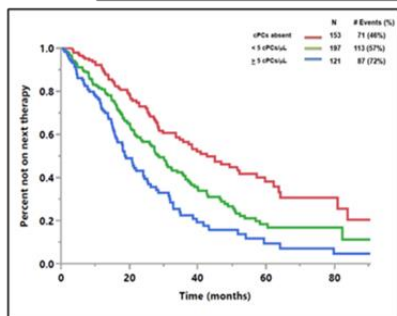
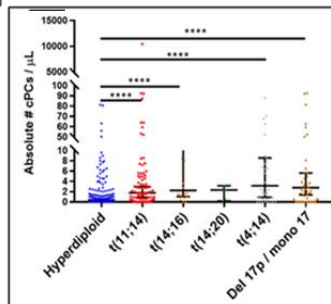
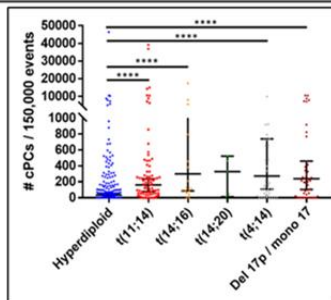
Risk group	n	OS, mo	TTP, mo
Low	134	55	21.8
Intermediate	81	48	15.4
High	31	21.5	6.5

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Am J Hematol. 2020 March ; 95(3): 310-315. doi:10.1002/ajh.25709.

Enhancing the R-ISS Classification of Newly Diagnosed Multiple Myeloma by Quantifying Circulating Clonal Plasma Cells

Wilson I. Gonsalves, MD¹, Dragan Jevremovic, MD², Bharat Nandakumar, MBBS¹, Angela Dispenzieri, MD¹, Francis K. Buadi, MD¹, David Dingli, MD, PhD¹, Martha Q. Lacy, MD¹, Suzanne R. Hayman, MD¹, Prashant Kapoor, MD¹, Nelson Leung, MD^{1,3}, Amie Fonder, PA-C¹, Miriam Hobbs, DNP¹, Yi Lisa Hwa, DNP¹, Eili Muchtar¹, Rahma Warsame, MD¹, Taxiarchis V. Kourelis, MD¹, Stephen Russell, MD, PhD¹, John A. Lust, MD, PhD¹, Yi Lin, MD, PhD¹, Ronald S. Go, MD¹, Mustaqeem A. Siddiqui, MD¹, Robert A. Kyle, MD¹, Morie A. Gertz, MD¹, S. Vincent Rajkumar, MD¹, Shaji K. Kumar, MD¹



Circulating Tumor Cells for the Staging of Patients With Newly Diagnosed Transplant-Eligible Multiple Myeloma

Juan-Jose Garcés, MSc¹; Maria-Teresa Cedena, MD²; Noemi Puig, MD, PhD³; Leire Burgos, PhD¹; Jose J. Perez, PhD³; Lourdes Cordon, PhD⁴; Juan Flores-Montero, MD, PhD^{5,6}; Luzalba Sanoja-Flores, PhD⁷; Maria-Jose Calasanz, PhD¹; Albert Ortiol, MD⁸; Maria-Jesús Blanchard, MD⁹; Rafael Rios, MD, PhD¹⁰; Jesus Martin, MD⁷; Rafael Martínez-Martinez, PhD¹¹; Joan Bargay, MD, PhD¹²; Anna Sureda, MD, PhD^{3,13}; Javier de la Rubia, MD^{4,14,15}; Miguel-Teodoro Hernandez, MD, PhD¹⁶; Paula Rodriguez-Otero, MD, PhD¹; Javier de la Cruz, MD²; Alberto Orfao, MD, PhD^{5,6}; Maria-Victoria Mateos, MD, PhD²; Joaquin Martinez-Lopez, MD^{2,17}; Juan-Jose Lahuerta, MD²; Laura Rosiñol, MD, PhD¹⁸; Joan Blade, MD, PhD¹⁸; Jesus F. San-Miguel, MD, PhD¹; and Bruno Paiva, PhD¹

CTCs for Risk Stratification of Newly Diagnosed MM

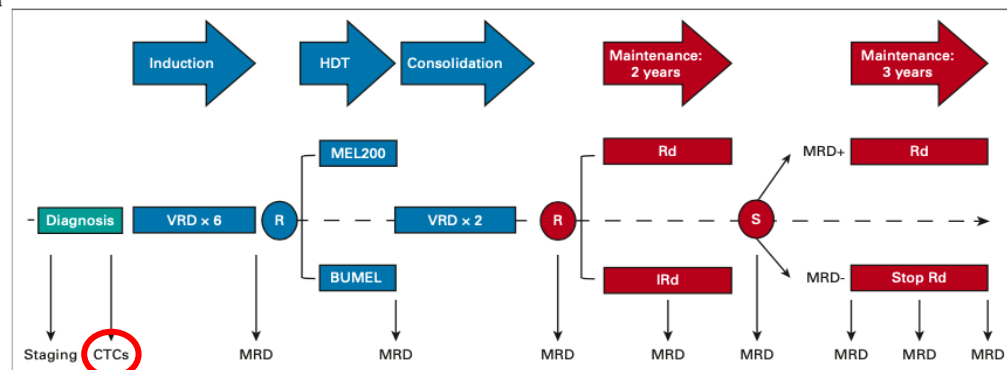
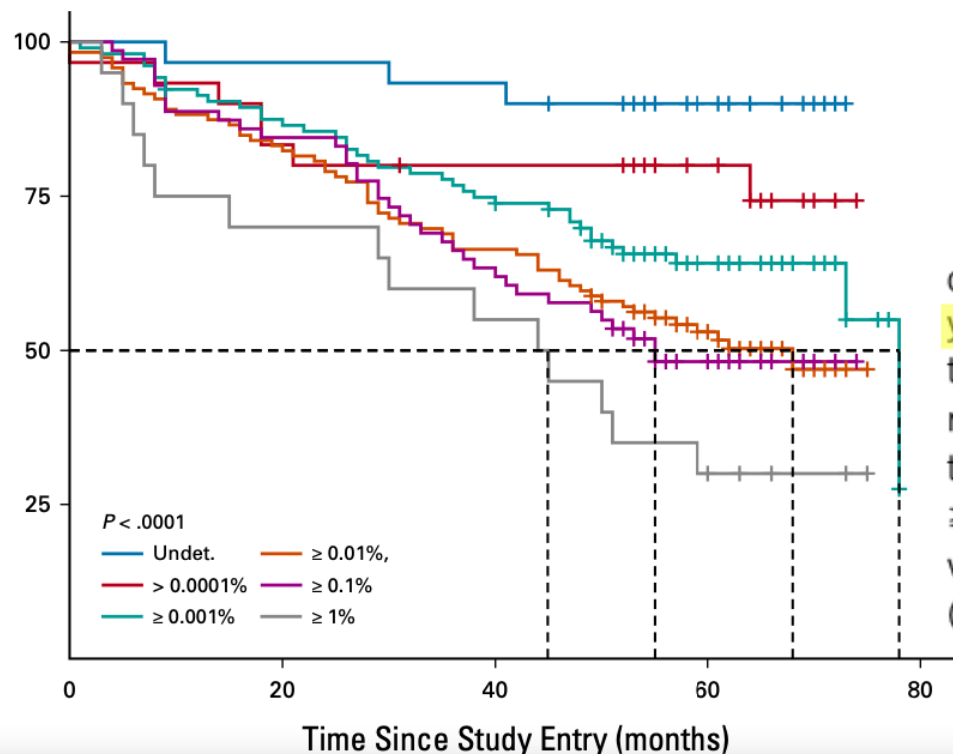


FIG 1. Treatment schema and laboratory examinations in the PETHEMA GEM2012MENOS65 and GEM2014MAIN clinical trials. BUMEL, busulfan/melphalan; CTCs, circulating tumor cells; HDT, high-dose therapy; IRd, ixazomib, lenalidomide, and dexamethasone; MEL, melphalan; MRD, measurable residual disease; R, randomization; Rd, lenalidomide and dexamethasone; S, stratification; VRD, bortezomib, lenalidomide, and dexamethasone.

Laboratory Examinations

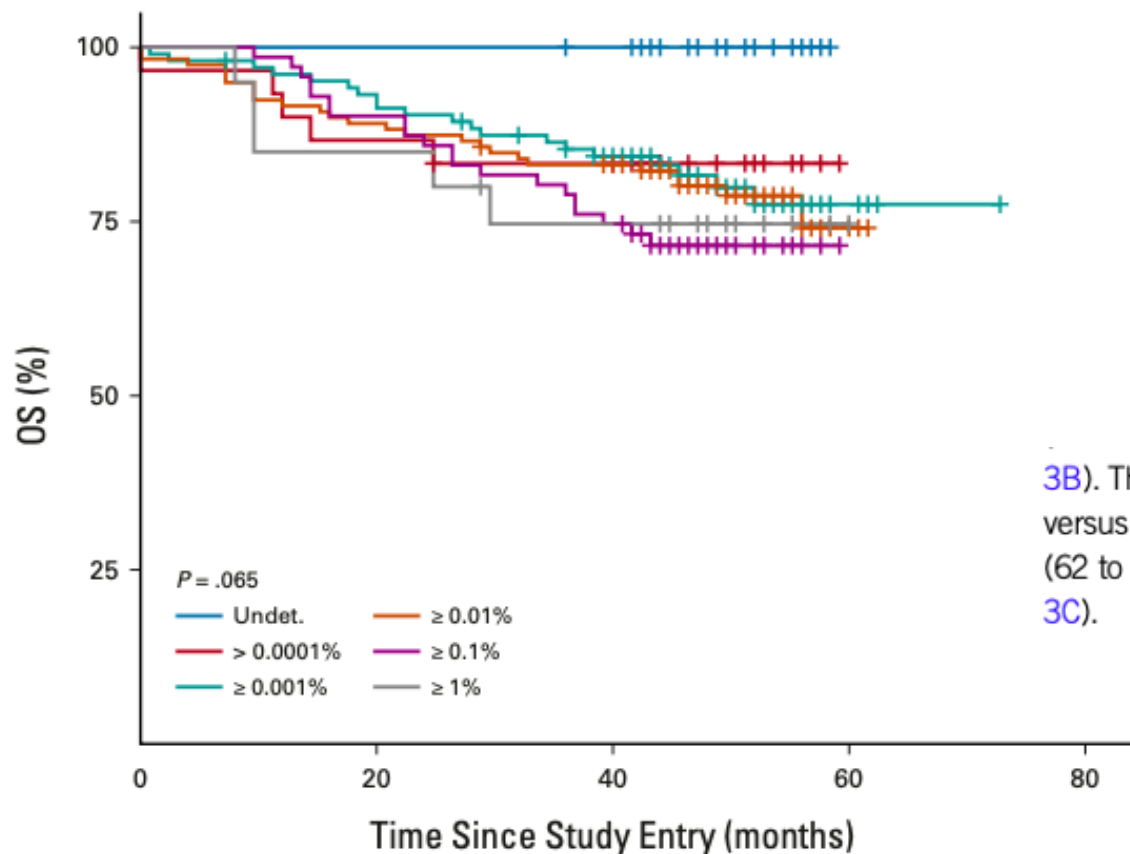
Assessment of CTCs in PB at diagnosis and MRD in BM aspirates collected in EDTA was performed using the **EuroFlow NGF methodology**.²² After counting, volumes of

B



of relapse with higher CTC levels (Data Supplement). Thus, 5-year rates of PFS progressively worsen in cases with undetectable CTCs versus those with increasingly higher logarithmic percentages of CTCs (ie, intervals from $> 0.0001\%$ to $< 0.001\%$, $\geq 0.001\%$ to $< 0.01\%$, $\geq 0.01\%$ to $< 0.1\%$, $\geq 0.1\%$ to $< 1\%$, and $\geq 0.1\%$): 90% (95% CI, 80 to 100) versus 80% (67 to 96), 64% (55 to 74), 53% (45 to 63), 48% (38 to 62), and 30% (15 to 59), respectively ($P < .0001$; Fig

C



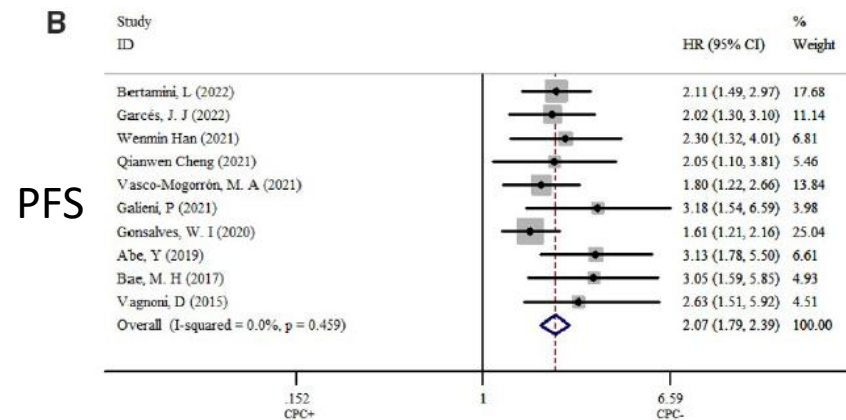
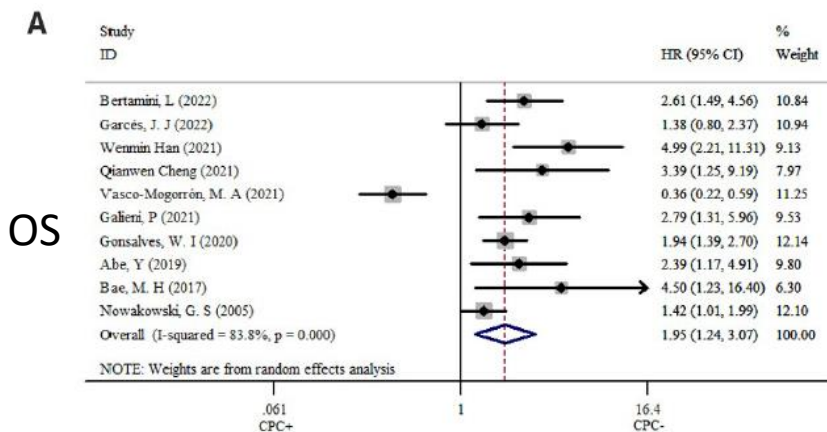
3B). The OS rates at 5 years were 100% (95% CI, 100 to 100) versus 83% (71 to 98), 82% (74 to 90), 80% (73 to 88), 72% (62 to 83), and 75% (58 to 97), respectively ($P = .065$; Fig 3C).

Open access

Original research

BMJ Open Prognostic value of circulating plasma cells detected by flow cytometry in newly diagnosed multiple myeloma patients: a systematic review and meta-analysis

Xiaoyan Liu,¹ Feifei Wu,¹ Wu Ye,² Jili Deng,³ Mengmeng Zhang,¹ Congli Zhang,¹ Qingfeng Yu,¹ Li Cao,¹ Silin Gan,¹ Jie Ma¹



Circulating Tumor Cell Burden as a Component of Staging in Multiple Myeloma: Ready for Prime Time?

Rajshekhar Chakraborty, MD¹ and Suzanne Lentzsch, MD, PhD²



TABLE 1. Characteristics of Studies Assessing CTCs as a Prognostic Factor in Newly Diagnosed Myeloma

Characteristic	Garcés et al ¹²	Bertamini et al ¹³	Hofste op Bruinink et al ¹⁴
RCTs	GEM2012MENOS65 and GEM2014MAIN (referred to as GEM trial)	FORTE	EMN12/HO129, CASSIOPEIA, and HO143
Treatment schema	VRd × 6 → HDT-AHCT (MEL200 v BUMEL) → VRd × 2 → Rd v IRd	First random assignment: Arm A: KRd × 4 → HDM-AHCT → KRd × 4 Arm B: KRd × 12 Arm C: KCd × 4 → HDM-AHCT → KCd × 4 Second random assignment: KR v R	EMN12/HO129: KRd × 4 → HDM-AHCT → KRd × 2, followed by allo-HCT or second HDM-AHCT → KR consolidation and maintenance CASSIOPEIA: Dara-VTd v VTd × 4 → HDM-AHCT → Dara-VTd v VTd × 2 → Dara v Observation HO-143: IDd × 9 → ID
Median follow-up	5 years	4.2 years	4.8 years in the pooled survival cohort ^a used for validation of the prognostic impact of PCL-like status
Methodology used for CTC detection	MFC	MFC	MFC
Sensitivity (limit of detection)	2 × 10 ⁻⁶ (NGF)	4 × 10 ⁻⁵	2 × 10 ⁻⁶ (NGF)
Proportion of newly diagnosed patients with CTCs, %	92	67	87
Correlation between CTC and BMPC burden	$\rho = 0.41$ ($P < .001$) ^b	$r = 0.382$ ($P < .01$) ^b	Adjusted $R^2 = 0.16$ ($P < .001$) ^c
CTC cutoff for risk stratification	≥ 0.01%	≥ 0.07%	No specific cutoff provided for prognostication

On the basis of the consistency of evidence, we are confident that the CTC burden is a strong, negative, and independent prognostic factor in newly diagnosed transplant-eligible myeloma. In our opinion, centers with access to NGF can consider quantification of CTCs at baseline for risk stratification. These findings also have important implications in the design of high-risk enrichment trials where a high CTC burden on NGF or PCL-like transcriptome can potentially be used as an inclusion criterion even in the absence of clinical PCL with >5% CTCs on morphology. However, before formal incorporation in staging and routine clinical practice, the ≥0.01% cutoff for CTC burden using NGF needs to be validated in external data sets of transplant-eligible and transplant-ineligible patients receiving anti-CD38 monoclonal antibody-based frontline combination therapies.

General Session

OA-13: Increased levels of circulating tumor cells correlate with adverse clinical outcomes and distinct biological features in newly diagnosed patients with multiple myeloma

 Saturday, September 30, 2023  11:55 AM – 12:05 PM EEST

 Location: Trianti

Speaker(s)



IK

Ioannis V Kostopoulos, n/a

Post doctoral research fellow

Section of Animal and Human Physiology, Department of Biology, School of Sciences,
National and Kapodistrian University of Athens, Athens, Greece, Greece

IMS 20° meeting 2023: Circulating Tumor cells (CTCs) in MM patients

Methods:

- 550 NDMM pts; 210 (38%) were TE and 340 (62%) were TI.
- NGF was used for the detection of clonal cells in both BM and PB.
- To define the optimal clinical cutoff of CTCs, we performed various multivariable regression models including CTCs, ISS (or R-ISS), cytogenetic status and LDH, and selected the one with the best performance.
- The median follow-up period was 41 months (range: 5-66 months).

IMS 20° meeting 2023: Circulating Tumor cells (CTCs) in MM patients

Results:

- CTCs were detected in 493/550 (89.6%) pts with a median value of **0.01%** of all nucleated cells. Increased levels of CTCs correlated with advanced ISS stage (0.002%, 0.007% and 0.037% for pts with ISS-I, ISS-II and ISS-III respectively, $p < 0.0001$), high risk cytogenetics (median: 0.038% vs. 0.006% in standard risk, $p < 0.0001$), and higher levels of b2-microglobulin and BM infiltration.
- **The optimal clinical cut-off of CTCs was defined at 0.02%, stratifying pts in two different prognostic groups with high and low CTCs [median PFS: 40 months vs. not reached (NR), HR: 2.59, 95% CI:1.71-3.91, $p < 0.0001$].**
- In the multivariable analysis the 0.02% cut-off was independent from ISS and/or cytogenetics and was clinically relevant for both TI (median PFS: 47 vs. 23 months, $p < 0.0001$) and TE pts (median PFS: NR in both categories, $p < 0.01$).

IMS 20° meeting 2023: Circulating Tumor cells (CTCs) in MM patients

Conclusions:

- The presence of CTC at a level of $>0.02\%$ confers an adverse prognostic factor for NDMM pts, irrespective of their transplant status.
- Since the liquid biopsy is a better representative of the entire tumor load than a tissue biopsy sample, the analysis of CTCs may serve as the new hallmark for the real-time evaluation of a patient's disease and immune status.

Plasma Cell Disorders

ARTICLE

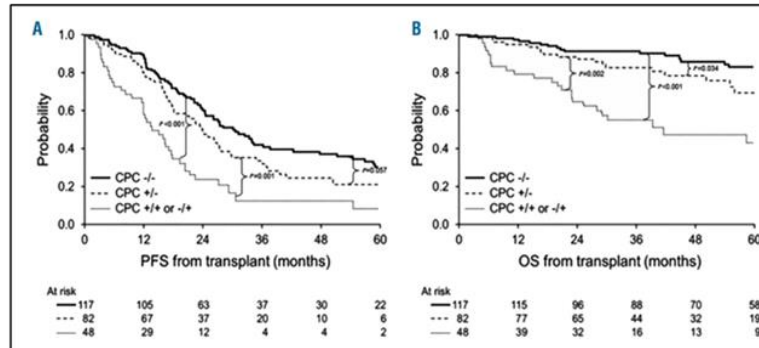
Serial measurements of circulating plasma cells before and after induction therapy have an independent prognostic impact in patients with multiple myeloma undergoing upfront autologous transplantation

Rajshekhar Chakraborty,^{1,2} Eli Muchtar,¹ Shaji K. Kumar,¹ Dragan Jevremovic,³ Francis K. Buadi,¹ David Dingli,⁴ Angela Dispenzieri,¹ Suzanne R. Hayman,¹ William J. Hogan,¹ Prashant Kapoor,¹ Martha Q. Lacy,¹ Nelson Leung¹ and Morie A. Gertz¹



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¹Division of Hematology, Mayo Clinic, Rochester; ²Hospitalist Services, Essentia Health-St. Joseph's Medical Center, Brainerd; and ³Department of Laboratory Medicine and Pathology, Division of Hematopathology, Mayo Clinic, Rochester, MN, USA



Variable	N.*	Progression-free survival			Overall survival				
		Univariate HR (95% CI)	P	Multivariate HR (95% CI)	P	Univariate HR (95% CI)	P	Multivariate HR (95% CI)	P
Age ≥65	247	0.80 (0.58-1.10)	0.178	NA	NA	0.90 (0.53-1.49)	0.902	NA	NA
High-risk cytogenetics by FISH	224	1.33 (0.89-1.93)	0.149	NA	NA	2.35 (1.31-4.04)	0.005	2.67 (1.29-5.29)	0.009
CPC kinetics	247								
CPC-/-		1 (referent)		1 (referent)		1 (referent)			
CPC+/-		1.40 (0.98-1.99)	0.060	1.63 (1.08-2.45)	0.020	1.82 (0.99-3.35)	0.053	2.68 (1.27-5.84)	0.009
CPC+/- or +/-		2.79 (1.87-4.11)	<0.001	2.88 (1.73-4.68)	<0.001	4.53 (2.53-8.17)	<0.001	5.73 (2.53-13.12)	<0.001
≥VGPR at transplant	247	0.66 (0.48-0.90)	0.009	0.68 (0.46-0.99)	0.047	1.01 (0.61-1.04)	0.973	NA	NA
ISS stage 3 at diagnosis	226	1.03 (0.72-1.44)	0.869	NA	NA	1.36 (0.80-2.26)	0.249	NA	NA
LDH>UNL at diagnosis	210	0.87 (0.54-1.34)	0.532	NA	NA	1.63 (0.86-2.90)	0.125	NA	NA
LI>1 at diagnosis	185	1.53 (1.05-2.20)	0.028	1.57 (1.07-2.27)	0.021	2.18 (1.22-3.90)	0.009	1.91 (1.03-3.54)	0.039
PI-based induction therapy	247	1.03 (0.74-1.42)	0.846	NA	NA	1.29 (0.75-2.14)	0.344	NA	NA
IMiD-based induction therapy	247	1.06 (0.78-1.44)	0.704	NA	NA	0.59 (0.35-0.97)	0.037	0.79 (0.40-1.49)	0.466
PI- and IMiD-based induction therapy	247	0.92 (0.64-1.28)	0.618	NA	NA	1.47 (0.87-2.42)	0.145	NA	NA

NA: not applicable; HR: high-risk; FISH: fluorescence *in situ* hybridization; CPC: circulating plasma cells; VGPR: very good partial response; sCR: stringent complete response; ISS: International Staging System; LI: Labeling Index; PI: proteasome inhibitors; IMiD: immunomodulators; LDH: lactate dehydrogenase; UNL: upper normal limit. *Indicates number of patients with available data.

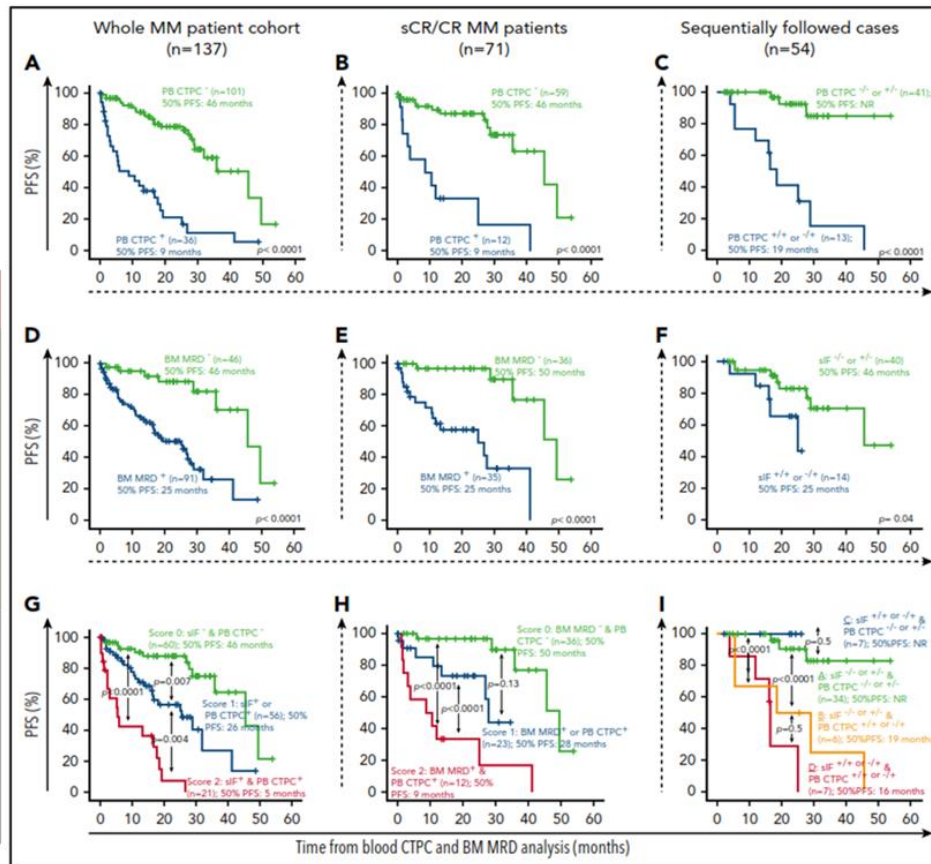


TO THE EDITOR:

Blood monitoring of circulating tumor plasma cells by next generation flow in multiple myeloma after therapy

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	Univariate analysis		Multivariate analysis		
	Median PFS (mo)	P	HR	(95% CI)	P
Prognostic factors for entire MM series					
Age					
<65 y	28	.3	—	—	—
≥65 y	36		—	—	—
Cytogenetic profile by FISH					
Standard-risk	36	.07	—	—	—
High-risk	16		—	—	—
Serum IF					
Negative	41	.001	—	—	—
Positive	18		2.4	(1.3-4.4)	.004
BM MRD status by NGF					
Negative	46	<.0001	—	—	—
Positive	25		—	—	—
PB CTPC status by NGF					
Negative	46	<.0001	—	—	—
Positive	9		5.1	(2.9-8.9)	<.0001
Prognostic factors for sCR/CR cases					
Age					
<65 y	50	.5	—	—	—
≥65 y	41		—	—	—
Cytogenetic profile by FISH					
Standard-risk	50	.09	—	—	—
High-risk	28		—	—	—
BM MRD status by NGF					
Negative	50	<.0001	—	—	—
Positive	25		6.1	(1.5-24.4)	.01
PB CTPC status by NGF					
Negative	46	<.0001	—	—	—
Positive	9		7.4	(3.0-18.2)	<.0001



TAKE HOME MESSAGE AND CONCLUSIONS...

- ✓ The presence of the more than 2% of CPCs detected by flow cytometry is considered a new cut-off MM patients with plasma cell-like leukemia and ultra high-risk disease.
- ✓ The CPCs burden is a new independent adverse prognostic factor in transplant eligible MM patients.
- ✓ The cut-off of CPCs by NGF should be yet defined: $\geq 0.01\%$?, $\geq 0.02\%$?, $\geq 0.07\%$?
- ✓ The evaluation of CPCs would be incorporated in the risk stratification risk of MM patients
- ✓ The liquid biopsy would improve disease evaluation in MM patients and provide a tool for the comprehensive and real-time assessment complementary to conventional methods, promoting the development of new risk stratification systems and individual therapy options.

Highlights from IMS 20th meeting 2023

Grazie per l'attenzione...

30-31 gennaio 2024
BOLOGNA, Royal Hotel Carlton

Quantification of clonal circulating plasma cells in relapsed multiple myeloma

Wilson I. Gonsalves,¹ William G. Morice,² Vincent Rajkumar,¹ Vinay Gupta,¹ Michael M. Timm,² Angela Dispenzieri,¹ Francis K. Buadi,¹ Martha Q. Lacy,¹ Preet P. Singh,¹ Prashant Kapoor,¹ Morie A. Gertz¹ and Shaji K. Kumar¹

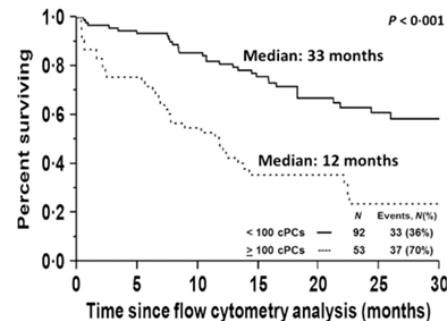


Fig 2. Shows the Kaplan–Meier Curve for survival from the time of peripheral blood flow cytometry analysis in all previously treated patients with actively relapsing disease based on the presence of circulating plasma cells (cPCs) based on the presence of 100 or more cPCs.

Table II. Univariate and Multivariate analysis of factors predicting worse overall survival.

Variable	Overall survival			
	Univariate		Multivariate	
	HR (95% CI)	P-value	HR (95% CI)	P-value
≥100 clonal cPCs detected	3.32 (2.05–5.41)	<0.0001	2.67 (1.37–5.17)	0.0041
Number of prior lines of therapy	1.15 (1.05–1.26)	0.0027	4.09 (1.56–10.14)	0.0048
Serum creatinine	1.56 (1.23–1.88)	0.0008	1.29 (0.89–1.87)	0.1723
β2-microglobulin	1.12 (1.07–1.16)	<0.0001	1.05 (0.97–1.12)	0.2165
Elevated LDH (>222 u/l)	1.02 (1.01–1.03)	<0.0001	2.93 (1.67–5.08)	0.0003
High bone marrow PC%	1.00 (0.99–1.02)	0.0785	–	–
High risk status by FISH	1.64 (0.88–2.95)	0.1138	–	–

Bolded P-values and HRs represent statistically significant variables (i.e. $P < 0.05$).

cPCs, circulating plasma cells; LDH, lactate dehydrogenase; PC%, plasma cell percentage; FISH, fluorescent *in-situ* hybridization; HR, Hazard ratio; 95% CI, 95% confidence interval.